# East and West
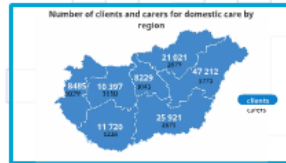
## Territorial and municipal differences in Hungarian social care for elderly people

Kinga Vajda
PhD student
Semmelweis University

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**Number of clients and carers for domestic care by region**

21 021
47 212
8485  10 107
8229  175
11 720  25 921

clients
carers

---

**Number of clients and institutions offer day care for elderly people by region**

5309
177
9108
7963  273
2391  142
81
2573  7621
48  4229  205
135

clients
institutions

---

### Summary of basic social care

- Beside social catering, domestic care is the most frequently offered service.
- It is not only for the elderly but based on social indicators, even younger people can take it.
- More than half of the clients live in the less developed eastern part of the country.
- On average 1 carer cares for 8 or more clients, except in Central Hungary there are 7 clients to 1 carer.
- Based on that carers seem to overburden.

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*Future of Caring*

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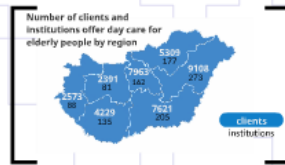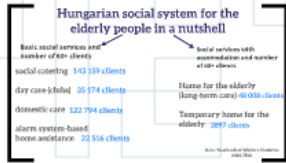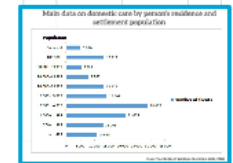
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*About the title*

Strong, long way back territorial division between sides of Hungary:
economical, health, labour market, standard of living, offered services etc.

abnormal diversity and different chances for people

Commonly held hypothesis:
Circumstances are better in every way for elderly people in the western part of the country.

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*Population by region and age group*

| Region | Age 60-69 | Age 70-79 | Age 80+ | Total |
|---|---|---|---|---|

*Data: Demographic Yearbook 2015, H&O*

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### Municipal differences

In 2015 → 54% of the Hungarian population live in cities.

Social Act regulate social services and define the start of new services for every settlement.

List of services are getting wider in parallel with the population of a settlement.

In cities it is easier to get services for clients.

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### Hungarian social system for the elderly people in a nutshell

**Basic social services and number of 60+ clients**

social catering  143 159 clients
day care (club)  25 574 clients
domestic care  122 794 clients
alarm system-based home assistance  22 556 clients

**Social services with accommodation and number of 60+ clients**

Home for the elderly (long-term care)  60 000 clients

Temporary home for the elderly  2897 clients

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*What are the optional services in Hungary?*

Are there real diversification between services and opportunities?

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**Main data on domestic care by person's residence and settlement population**

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Thank you very much for your attention!

Kinga Vajda PhD student
Semmelweis University
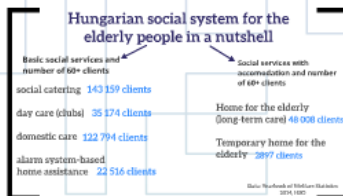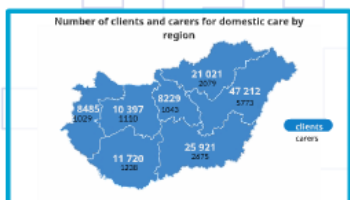Mental Health Institution

kingavajda8@gmail.com

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*Conclusions strictly on statistical data:*

- Distribution is normal compare to regions but qualities strongly depend on municipality's budget.
- Services are working, there are free beds but professionals are under pressure.
- We should dig deeper and research human, material, professional standards.

# East and West

## Territorial and municipal differences in Hungarian social care for elderly people

Kinga Vajda
PhD student
Semmelweis University

### Number of clients and carers for domestic care by region



21 021
1074
47 212
5773
8229
1045
8485
1029
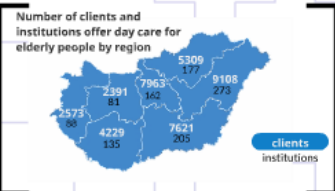10 397
1110
clients
carers
11 720
1238
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2675

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Social services with accomodation and number of 60+ clients

Home for the elderly (long-term care)   48 008 clients

Temporary home for the elderly   2897 clients

Data: Yearbook of Welfare Statistics 2014, HSO

### Number of clients and institutions offer day care for elderly people by region



5309
177
9108
273
2391
81
7963
162
2573
88
4229
135
7621
205
clients
institutions

### Population by region and age group

| Regions | Age 60-69 | Age 70-79 | Age 80- | Total |
|---|---|---|---|---|
| Eastern Hungary | 379 418 | 226 096 | 123 205 | 713 419 |
| Central Transdanubia | 148 214 | 83 512 | 42 488 | 264 423 |
| Western Transdanubia | 129 423 | 79 591 | 41 514 | 240 772 |
| Southern Transdanubia | 135 467 | 77 442 | 46 545 | 260 518 |
| Northern Hungary | 145 734 | 97 128 | 49 192 | 290 254 |
| Northern Great Plain | 217 314 | 108 016 | 24 509 | 342 359 |
| Southern Great Plain | 188 367 | 100 338 | 58 098 | 335 744 |

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### Summary of basic social care

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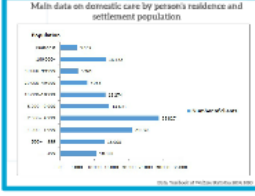Social Act regulate social services and define the start of new services for every settlement.

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### What are the optional services in Hungary?

Are there real diversification between services and opportunities?

### Main data on domestic care by person's residence and settlement population



Data: Yearbook of Welfare Statistics 2014, HSO

### Conclusions strictly on statistical data:

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## *Population by region and age group*

| Regions | Age: 60-69 | Age: 70-79 | Age: 80+ | Total |
|---|---|---|---|---|
| Central Hungary | 379 418 | 236 996 | 129 201 | 745 615 |
| Central Transdanubia | 136 371 | 85 970 | 42 488 | 264 829 |
| Western Transdanubia | 129 327 | 78 931 | 41 514 | 249 772 |
| Southern Transdanubia | 122 967 | 77 440 | 40 242 | 240 649 |
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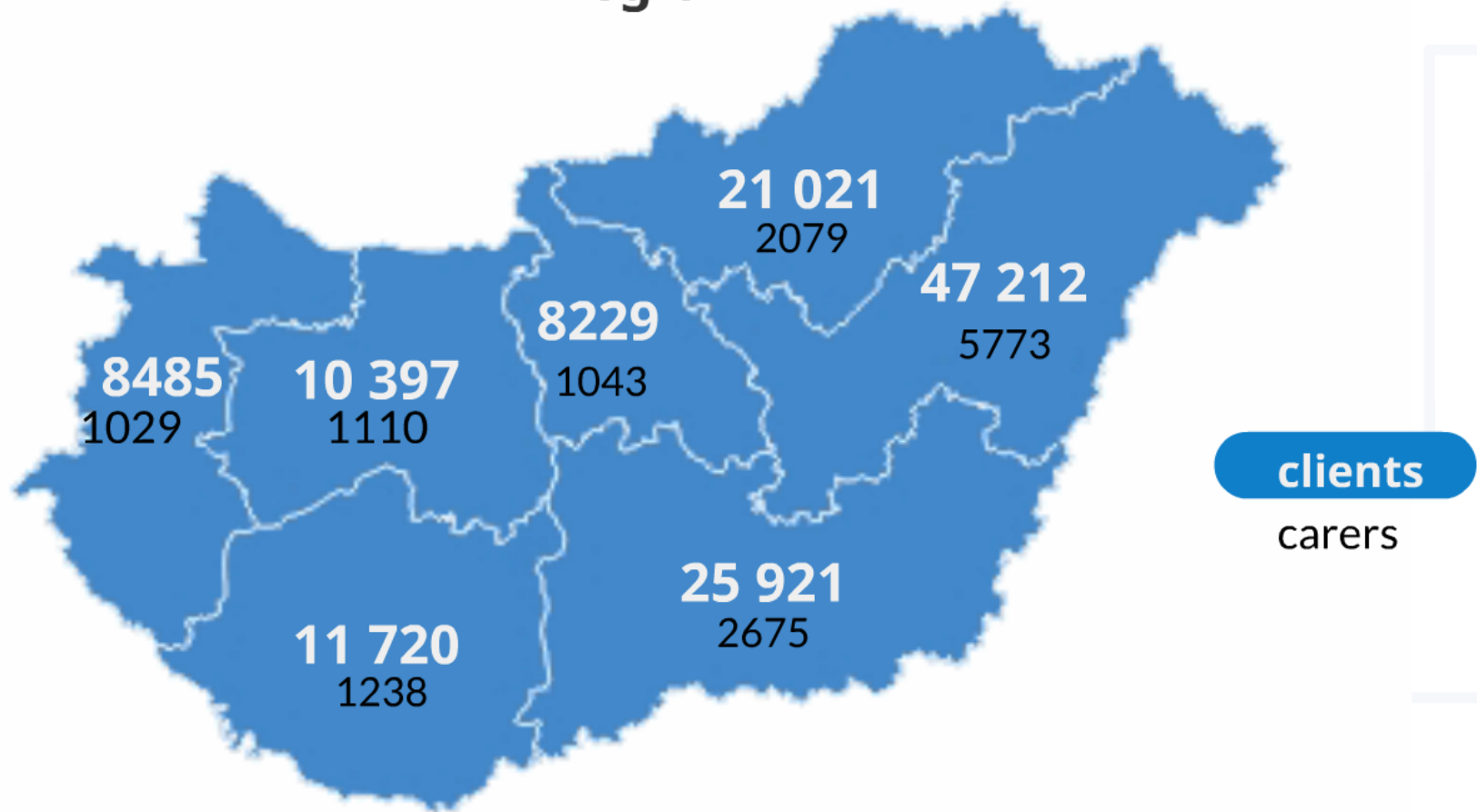
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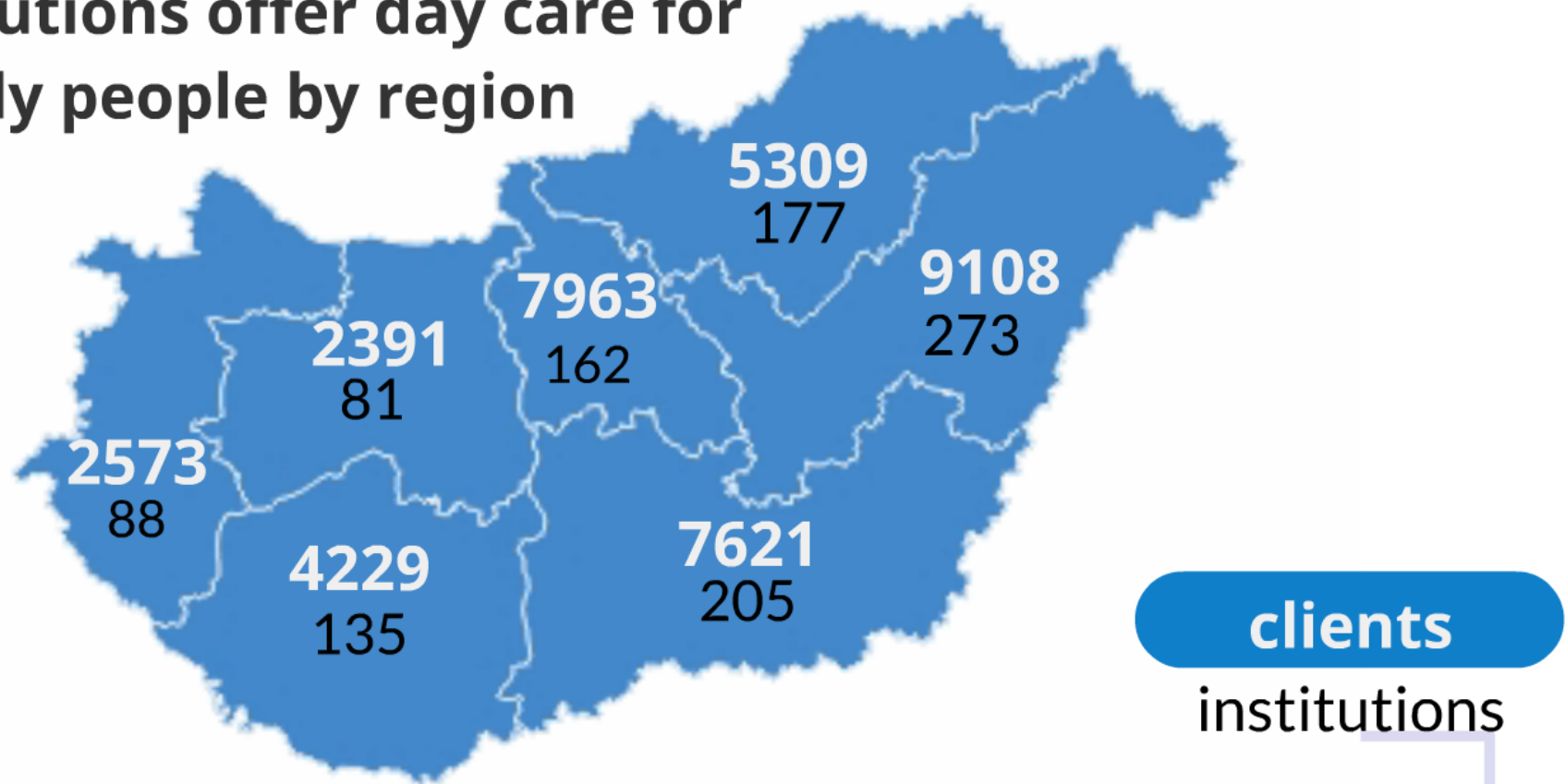
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1110

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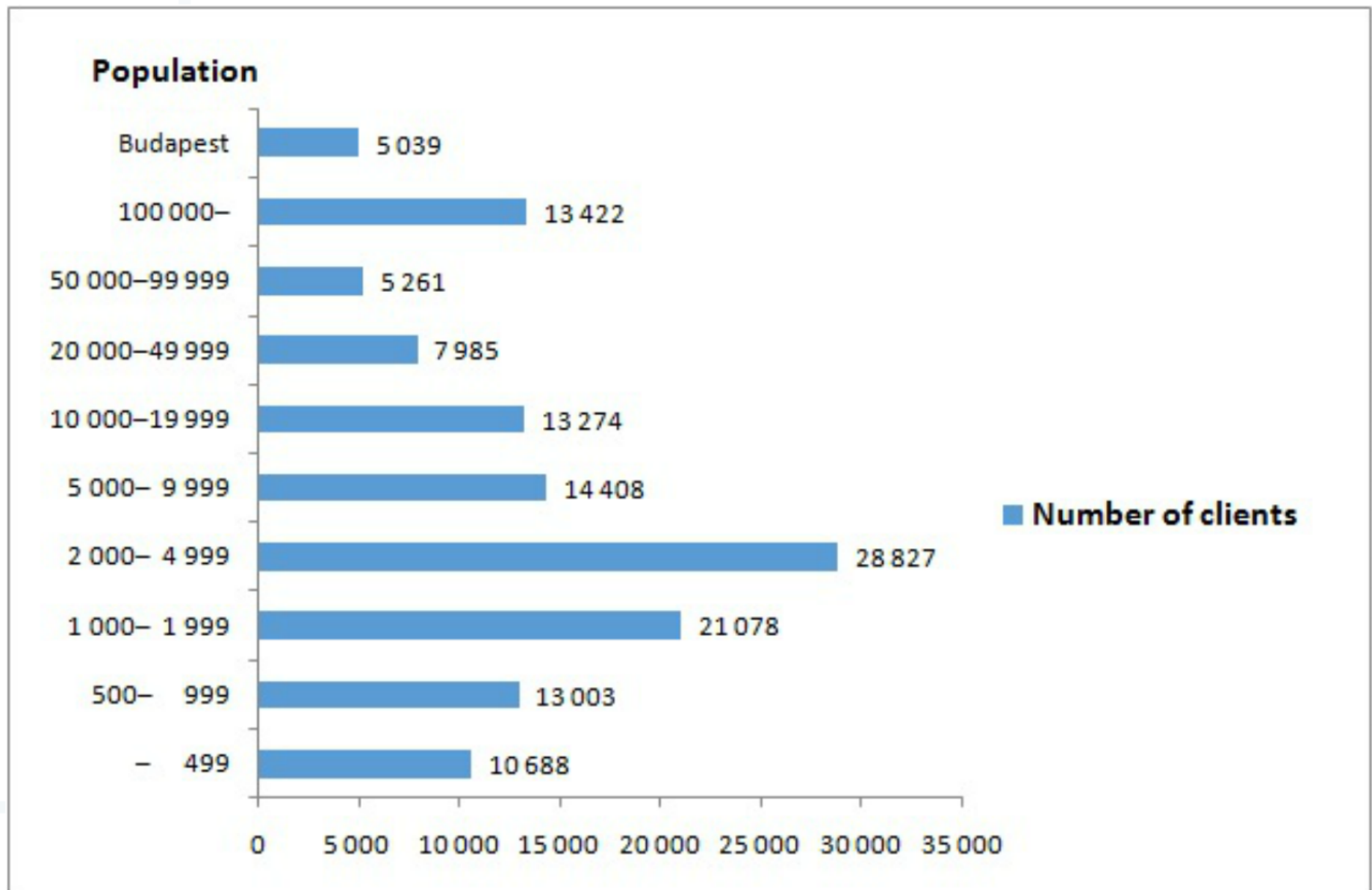
List of services are getting wider in parallel with the population of a settlement.

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Data: www.citypopulation.de

# Main data on domestic care by person's residence and settlement population



**Population**

| Population | Number of clients |
|---|---|
| Budapest | 5 039 |
| 100 000– | 13 422 |
| 50 000–99 999 | 5 261 |
| 20 000–49 999 | 7 985 |
| 10 000–19 999 | 13 274 |
| 5 000– 9 999 | 14 408 |
| 2 000– 4 999 | 28 827 |
| 1 000– 1 999 | 21 078 |
| 500– 999 | 13 003 |
| – 499 | 10 688 |

■ **Number of clients**

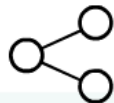# *Conclusions strictly on statistical data:*

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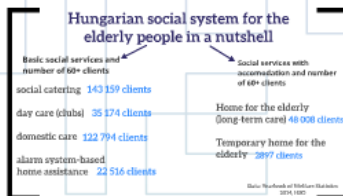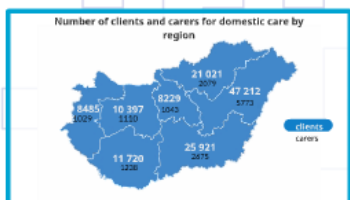Semmelweis University
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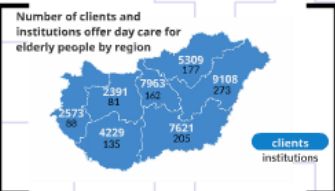


clients
carers

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clients
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Data: Demographic Yearbook 2004, HBO

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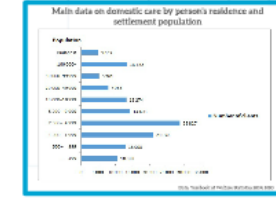
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