![europass](europass logo) Curriculum vitae

PERSONAL INFORMATION	**Zsuzsa Széman**

📍 Nagyvárad tér 4, 1089 Budapest, (Hungary)

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✉ https://europass.cedefop.europa.eu/editors/en/cv/compose

🌐 http://scholar.semmelweis.hu/szemanzsuzsa/

POSITION **Expert in ageing related researches**

WORK EXPERIENCE

01/09/2014–Present **professor**

Institute of Mental Health, Semmelweis University, http://mental.semmelweis.hu/en/, Budapest (Hungary)

Research task, ageing related researches such as

- Healthy ageing, well-being, housing, home environment, mobility
- Long-term care
- Mapping and mobilising the potencial of care
- Exploring drivers and barriers of social innovation in care
- The role of ICT and environment in care
- Undocumented migrants in eldercare
- Family carers, informal carers, volunteers
- Elaboration of models in care
- Interpersonal and intergenerational relationship of older people
- Ageing on the labour market; mapping good practice

Teaching, courses

01/01/2012–30/06/2016 **senior researcher**

Institute for Sociology, Center for Social Sciences, HAS, www.socio.mta.hu/en/, Budapest (Hungary)

- Project leader of Skype Care program (2010-2015)
- Hungarian partner and Hungarian coordinator of the MOPACT (Mobilising the Potential of Active Ageing in Europe, 2013-2016) project (WP8 "Social Innovation Potential in Long-term Care")

01/01/1996–31/12/2011 **senior researcher, leader of the Welfare Mix Team**

Institute of Sociology, HAS, Budapest (Hungary)

- HAPPY AGEING (A Home Based Approach to the Years of Ageing), AAL program (2009–2011)
- CARICT (ICT-based solutions for caregivers: assessing their impact on the sustainability of long-term care in an ageing Europe) (2010-2011)
- FUTURAGE (A Road Map for Ageing Research) (2010-2011)
- Measures for Social Inclusion of the Elderly, Phase II., European Foundation (2010)
- Employment and labour market policies for an ageing workforce and initiatives at the workplace, European Foundation (2006–2007)
- Ageing and Employment: Identification of Good Practice to Increase Job Opportunities and Maintain Older Workers in Employment (2004–2005)
- EUROFAMCARE, National Background Report (2004)
- ENABLE-AGE (Enabling Autonomy, Participation and Well-being in Old Age) (2002–2004)

- PIE, Project on Intergenerational Equity, Hitotsubashi University (2001–2005)
- MOBILATE (Enhancing Outdoor Mobility in Later Life) (2000-2002)
- COST A13 (Cooperation between Science and Technology) (1998–2002)

01/01/1991–31/12/1995	**researcher**

Research Centre for Social Conflicts/Institute of Sociology, HAS, Budapest (Hungary)

- research in the field of ageing

01/10/1976–31/12/1990	**scientific secretary**

Institute of Sociology, HAS, Budapest (Hungary)

different research assistance

EDUCATION AND TRAINING

01/09/1970–30/06/1975	**German language teacher and ethnographer**	master degree

Kossuth Lajos University, Debrecen (Hungary)

26/04/1991	**Doctoral candidate**

Hungarian Academy of Sciences Scientific Qualifications Committee, Budapest (Hungary)

18/04/2008	**Habilitation**	habilitation

Széchenyi István University Kautz Gyula Economics Faculty, Győr (Hungary)

PERSONAL SKILLS

Mother tongue(s) — Hungarian

Other language(s)

UNDERSTANDING		SPEAKING		WRITING
Listening	Reading	Spoken interaction	Spoken production	
German				
C2	C2	C2	C2	C2
diploma in German languae teacher (see university degree)				
English				
C2	C2	C1	C1	C1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
Common European Framework of Reference for Languages

Communication skills — Good communication skills in general and carrying out researches.

Organisational / managerial skills — Experience in leadership gained as leader and coordinator of national and international research projects.

Good team-leading skills gained as leader and coordinator of national and international research project.

Good organisational skills gained as organiser of many conferences and workshops.

Job-related skills — good evaluation skill (as experienced researcher)

Digital competence

SELF-ASSESSMENT

Independent user	Independent user	Independent user	Independent user	Independent user

Digital competences - Self-assessment grid

ADDITIONAL INFORMATION

Memberships

- ISA RC 23 (International Sociological Association, Research Committe on Sociology and Science and Technology RC 23) (2009–)
- EAST (Eastern-European Ageing Societies in Transition) (2009-)
- EUROCARERS (European Association Working for Carers) (2007–)
- ISA RC 11 (1990-)
- Hungarian Academy of Sciences (1990-)
- Hungarian Sociological Association (1990-)

Publications

- Recent publications

- Széman, Zs. (2015). Transition of Long-Term Care in Hungary: Problems and Solutions. European Journal of Mental Health, 10(2): 245-255.
- Széman, Zs. (2014). A new pattern in long term care in Hungary: Skype and youth volunteers. Anthropological Notebooks (SLOVENIA) 20(1):105-117.
- Széman, Zs. (2013). Elder-friendly Housing Model: Results of an Action Research. In (ed): Széman,Zs. Challenges of Ageing Societies in the Visegrad Countries, Budapest: Magyar Máltai Szeretszolgálat, 130-137.
- Széman, Zs. (2012). Family Strategies in Hungary: The Role of Undocumented Migrants in Eldercare. Journal of Population Ageing 5(2): 97-118.
- Széman, Zs. (2011). Ageing in Hungary: Demography and Labour Market Challenges In: (ed.) Hoff, Population Ageing in Central and Eastern Europe. Societal and Policy Implications. Aldershot: Ashgate, pp. 95-114.
- full list: https://vm.mtmt.hu/www/index.php?AuthorID=10008748#

Citations

number of citations: 368

https://vm.mtmt.hu/search/tmtosztaly.php?lang=0&vanlink=1&ponton=&AuthorID=10008748&pub=1

Projects

- MOPACT, Mobilising the Potential of Active Ageing in Europe (2013-2016), leading Hungarian representative
- HELPS, Housing and care for the elderly in Central Europe (2012), Hungarian expert
- HAPPY AGEING, AAL (2009–2011), Hungarian team leader
- Challenges of the Ageing Societies in the Visegrad Countries, Visegrad Found (2011)
- CARICT, ICT-based solutions for caregivers (2011), Hungarian partner
- FUTURAGE, A Road Map for Ageing Research (2010-2011), participant, expert, workshop leader
- Measures for Social Inclusion of the Elderly, Phase II..European Foundation (2010), Hungarian partner
- MILES, Migrant Labour in the Eldercare Services, University of Oxford, John Fell Fund (2007-2009), Hungarian representative
- Working Carers:Labour Market and Intergenerational Solidarity, University of Oxford, John Fell Fund (2007-2008), Hungarian representative
- Reconciliation of Employment and Care for Older Family Members – Employers and Carers Perspectives (University of Oxford, John Fell Fund (2006–2007), Hungarian representative

- Employment and labour market policies for an ageing workforce and initiatives at the workplace, European Foundation (2006–2007), Hungarian partner
- Ageing and Employment: Identification of Good Practice to Increase Job Opportunities and Maintain Older Workers in Employment (2004–2005), Hungarian partner
- EUROFAMCARE, Services for Supporting Family Carers of Elderly People in Europe (2004), National Background Report
- ENABLE-AGE, Enabling Authonomy, Participation and Well-being in Old Age, (2002–2004), Hungarian partner
- PIE, Project on Intergenerational Equity, Hitotsubashi University (2001–2005), Hungarian leader on the survey of older people in the labour market in Hungary
- MOBILATE, Enhancing Outdoor Mobility in Later Lifer (2000-2002), Hungarian partner
- COST A13, Cooperation between Science and Technology (1998–2002), Hungarian partner
- COST A5, Coperation between Science and Technology (1993-1994), elaboration of Emergency Alarm model program

Conferences Several presentation (international and national conferences and workshops), key note speaches, e.g.

- Teaching Frail Older People – a New Possibility. Conference organised by the Visegrad Found (Prague, 3-4 June2013)
- Skype Care for the Elderly. Efficient Local partnership for elderly and vulnerable people. Good practice exchanges of transnational projects by the Central Europe and the South-East Europe Programmes. Central Europe: Q-Ageing, HELPS, Senior Capital, Silver City(Budapest, 05 09 2013)
- ICT skillsof ageing people in Hungary. Experts workshop Carer+ MENON Network EEIG (Brussels, 6 June 2013)
- Skype in Eldecare. Q-Ageing Closing Conference (Vienna, March 12 2012)
- Family strategies in eldercare in Hungary and the role of ICT: Skype Care. IFA 11th Global Conference on Ageing (Prague, 28 May - 01 June 2012)
- Skype in Eldercare: an opportunity for public policy. Colloque européen: Vieillissement choisi, vieillessement subi? La relation aidants/aidés: rapport au corps, au- care et au genre (Nancy, 1 June 2012)
- Expert Workshop on Income from Work after Retirement. European Foundation for the Improvement of Living and Working Conditions (Brussels, 15 June 2012)
- Skype in Eldercare. Workshop: Contribution of ICT for informal carers to long-term care: results of the CARICT study. European Commission Joint Research Centre, Institute for Prospective Technological Studies (Seville, 27 September 2012)
- Mapping of the Eastern European Cases. The CARICT project – ICT–based solutions for caregivers-Expert Validation. Organised by the European Centre for Social Welfare Policy-Research Institute for Prospective Technological Studies-JRC European Commission (Vienna, 1-3 February 2011)
- Migrants in eldercare: family strategies to bridge the gaps in social care services. Making Connections: Migration, Gender and Care Labour in Transnational Context, conference, University of Oxford (Oxford, 14-15 April 2011)
- Happy Ageing- Users' Expectations. The 4th International Conference on Pervasive Technologies Related to Assistive Environments (PETRA) (Herakleon, 25-28 May 2011)
- Presentation of the Eastern European Cases. Expert meeting conference CARICT (Brussels, 21-22 June 2011)
- The Hungarian Case: Emergency Alarm System. National Report for Hungary on "volunteering by older people in the EU. 19th European Social Services Conference, organised by ESN (Polish Presidency Conference) on Building and Active Caring Society, Innovation, Participation Community (Warsaw, July 6-8 2011) ·
- The problems of long term care in Hungary. International Symposium on Long Term Care and Old-Age Security organised by Socail Security Research Center at RUC, Friedrich Ebert Stiftung Beiging, Renmin University (Beiging, 30-31 10 2011)
- Informal Care: a Hungarian Perspective. Long – term care in Europe: discussing trends and relevant issues, (Szociális és Münkaügyi Intézet SZMI and Eurepean Centre for Social Welfare

Policí and Research (Budapest, 22-23 02 2010) ·

- Roadmap for Ageing research in Eastern Europe-labur market. 1st FUTURAGE Scientific Workshop on Socio-Economic Resources (Ancona, 25-26 02 2010)
- Challenges of Ageing Societies in Central and Eastern Europe: Labour Market and Care, Role of Migrants. Polish Sociological Congress (Cracow, 9-11 September 2010)
- National background – Hungary. Measure for Social Inclusion of the Elderly, European Foundation (Dublin, 18 10 2010) ·
- Case Studies – Hungary. Measure for Social Inclusion of the Elderly, European Foundation (Dublin, 18 10 2010)
- Happy Ageing, a Home Based Approach to the Years of Ageing. eVita Fórum (Budapest, 09 02 2010)

Courses   Teaching courses (doctoral programme)

- Sociological and mental hygiene approach to the resources of individuals and communities (2015/2016)
- Older persons and a mental hygiene approach to eldercare (2013/2014)

Presentations   See detailed under "conferences"